

【Cardiopulmonary Health Screening Package】 Examination Items

Categories	Content	Descriptions
General Physiological Assessment	Height, weight, blood pressure, body temperature, pulse, breathing, waist, body fat determination, body mass index (BMI), and peripheral oxygen saturation measurement.	Finding out the subject's vital signs, basic body functions, and ideal body weight range; screening for the cardiovascular diseases and the risk factors for metabolic syndrome; observing the tissue perfusion status and the oxygen-carrying capacity of the blood. The diet and exercise plan will according to the outcomes of these tests.
Physical Examination	Physical exam of auscultation, palpation, percussion, and history taking.	Examination of head and neck (physical appearances); palpation of the thyroid gland; auscultation of heart and lungs; palpation of abdomen; limb activity, and skin status. We will also provide proper medical advice to customers based on their medical histories or symptoms.
	Vision Test (including the digital non-mydratic ophthalmoscopy)	Vision test, intraocular pressure test, color blindness determination, and ophthalmoscopy.
Blood Routine	WBC、RBC、HB、HCT、MCV、MCH、MCHC、Platelet、DC	Check-up of blood cell counts and clotting function, screening of blood infection and morphology.
Urine Routine	Out Look、SpGr、PH、Protein、Glucose、Bilirubin、Ketone、Occult Blood、R.B.C、W.B.C、Pus Cells、Epithelial Cells	Screening of kidney function, urinary tract infection, diabetes etc.
Stool Routine Test	Occult Blood Microscopic Examination	To assess whether there is any bleeding, parasite infection, and so on in the digestive tract.
Biochemistry Examination	Plasma Glucose Tests: AC Sugar、HbA1C、Insulin	For detection of diabetes.
	Liver Function Tests: Total Protein、Albumin、Globulin、A/G ALK/P、Bilirubin-T、Bilirubin-D、GOT/GPT、r-GT、HBsAG、Anti-HBs、Anti-HCv	Check-up of liver function, and detection of B&C hepatitis.
	Renal Function Tests: BUN、Creatinine、eGFR、Uric Acid	Check-up of kidney function, detection of uremia, check-up of gout.
	Blood Lipid Exam: sdLDL、LDL、HDL、T-CHOL、TG、T-chol/HDL	Check-up of fat metabolism, detection of risk factor of heart disease.
	Cardiovascular Risk Evaluate: HomocysteineJ、CRP	Major risk factors for cardiovascular disease, stroke, and peripheral vascular disease. etects the inflammatory condition of the body and is an indicator of inflammation of cardiovascular and cerebrovascular diseases.

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Biochemistry Examination	Thyroid Function Exam: Free T4、TSH	Check-up of thyroid function.
	Tumor Markers: AFP、CEA、CA199 (Male)PSA、(Female)CA125	Screening of cancer include: Liver, Large Bowel, Pancreas, (Male)Prostate, (Female)Ovary.
	The Inflammatory Index: Rheumatoid Arthritis Factors (RA)	To detect rheumatoid arthritis, tissue inflammation, and the aging level.
X-ray Examination	Abdominal Examination (KUB)	This examination screens for lesions such as kidney stones, gallbladder lesions, ileus, soft tissue sarcoma, and bladder calculus.
	Lumbar Examination (L-Spine)	
Ultrasound Examination	Thyroid Function Ultrasound	Screening of thyroid function (such as tumor, cyst, nodule).
	The Carotid Arteries Ultrasound	Evaluation of blood flow to the brain, detection of potential clot that might lead to stroke.
	Color Echocardiography	The subject of inspection for heart enlargement (cardiomegaly) and thickening (hypertrophy), the systolic and diastolic functions, valves of regurgitation or prolapse, congenital heart defect, myocarditis, myocardial infarction, myocardial hypoxia, and so on.
	Abdominal Ultrasound	Check-up of liver, gallbladder, kidney, pancreas and spleen, screening of risk factor of tumor, cyst, calcification and calculus.
	Liver Fibrosis & Fatty Quantitative Analysis	One stop analysis combined with new ultrasound. It is fast, accurate, no liver slices, non-invasive and radiation-free. This assessment can digitally and quantitatively display the degree of liver fibrosis and fatty, which can be used as an objective basis for tracking and treatment effectiveness.
Examinations for Men	Otorhinolaryngology (Ear/Nose/Throat) Consultation	Screening for abnormalities in the ear, nose, oral cavity, tonsil, laryngopharynx, vocal cord, and neck, and lesions such as inflammation and cancers.
	Nasopharyngoscopy	Screening for small lesions of the nasal cavity, nasopharynx, throat, and vocal cord to detect the early-stage carcinoma of the nasopharynx and laryngeal cancer.
	Prostate Ultrasound	This test assesses whether the subject's prostate is healthy, and reduces their discomfort. Screening for prostate lesions such as tumor, inflammation, enlarge.
	Urology: Consultation and physical examination of the external genitalia – prostate.	Assesses men's urinary functions, external genitalia and whether prostates enlarged, prostate cancer, hernia, and varicoceles.
Examinations for Women	Breast Ultrasound (for women below 40 years of age)	Discriminate breast lesions such as breast pain, breast inflammation, breast cysts and breast adenoma.

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Examinations for Women	Digital Mammography (for women over 40 years of age)	Screening of breast calcifications associated with breast cancer by the new type of digital mammography.
	Gynecology Ultrasound	To discriminate between lesions such as myoma, cervical cancer, endometrial hyperplasia, carcinoma of endometrium, ovarian cyst and ovarian cancer.
	Gynecological Consultation	Assess and detect early gynecological disease by doctor interrogate. A gynecologist will interrogate the subject to assess their health and uncover the early symptoms of diseases.
	Pap Smear Test ※ Disposable Vaginal Specula are used	Screening for cervical abnormalities or cervical lesions in the early stages.
Bone Density Test	DXA Bone Density Examination (The whole-body dual-energy X-ray absorptiometry)	DXA dual-energy bone density scanning has been approved by the World Health Organization (WHO). With the extremely low dose of radiation, this test effectively confirms an osteoporosis diagnosis and assesses the risk of bone fracture.
Special Examinations	Arteriosclerosis Detector	A pulse wave graph (PWG) will be used to analyze the changes in the vascular capacity, and calculate arterial stiffness to detect arterial stiffness in the early stage.
Cardiovascular System	Electrocardiogram (EKG)	Screening of abnormal heart rhythms, cardiac conduction system, sizes of heart ventricles, myocardial anoxia, and so on.
	Exercise Electrocardiogram (Exercise EKG)	This test can be used to find out whether people suspected of having cardiovascular diseases or being at risk of developing cardiovascular diseases have coronary artery disease and myocardial ischemia.
640-Slice CT High Speed CT Scanner	LDCT –Early Lung Cancer Screening	<ul style="list-style-type: none"> ● Low Dosage CT 1/6~1/10 OF Traditional CT Amount for one chest X-ray ● Detects nidus of at least 0.1cm
Cardiovascular Disease Risk Assessment	The Framingham Risk Score	The probability of the subject suffering from cardiovascular diseases within ten years will be predicted with the internationally accepted Framingham risk score.
Diet Counseling	Diet Counseling and Instruction	Customized dietary planning and advice by our dietitian, based on personal health status, lifestyle and examination results.

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Physical Fitness Test & Counseling	Physical Fitness Testing and Counseling	<ul style="list-style-type: none"> ● InBody720 Body Composition Analyzer to check the BMI, muscle mass, body water content, etc. ● Physical fitness testing and counseling, individual sports prescriptions & suggestions by our fitness coach.
Summary	Interpreting Health Screening Results	Based on the preliminary screening results, a senior doctor will offer the subject a one-to-one consultation and interpret the results. They will also give advice on health promotion, referral, and follow-up diagnosis and treatment.
	A fine and detailed health screening report and health education pamphlets will be provided.	
Eonway APP Service	Eonway APP provides health screening schedule reminder & notification, check-up reports online service, medical image cloud online reading and sharing, personal disease risk assessment and analysis, service appointments, Eonway e-magazine and news, which are convenient and practical, and are your most intimate health e secretary.	
Health Management	We have a professional health management team to check on your health. Routine telephone survey the subject after the health screening, providing the follow-up treatment and tracking abnormal values in the health screening reports. Medical referral services, medical care services, and drug descriptions will be provided when necessary to treat the subject and track circumstances in time.	
Clothing for Health Screening	A brand-new suit of clothes for the health screening will be given as a present. The materials are carefully chosen high-quality cotton fabrics, making you feel like home through the whole testing and making it easy for you during the check-up.	
Healthy Meal	Fresh, healthy and delicious meals provide by our chef and dietitian carefully prepare and seasonal ingredients select.	
Deluxe Guestroom	The private and comfortable guestroom is equipped with the highest quality beddings, a separate room for bathroom and toilet, toiletries, and free Wifi.	
Free Parking	Free parking on the day of check-up.	

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