

【Evergreen Male Health Screening Package】 Examination Items

Categories	Content	Descriptions
General Physiological Assessment	Height, weight, blood pressure, body temperature, pulse, breathing, waist, body fat determination, body mass index (BMI), and peripheral oxygen saturation measurement.	Finding out the subject's vital signs, basic body functions, and ideal body weight range; screening for the cardiovascular diseases and the risk factors for metabolic syndrome; observing the tissue perfusion status and the oxygen-carrying capacity of the blood. The diet and exercise plan will according to the outcomes of these tests.
Physical Examination	Physical exam of auscultation, palpation, percussion, and history taking.	Examination of head and neck (physical appearances); palpation of the thyroid gland; auscultation of heart and lungs; palpation of abdomen; limb activity, and skin status. We will also provide proper medical advice to customers based on their medical histories or symptoms.
	Vision Test (including the digital non-mydratic ophthalmoscopy)	Vision test, intraocular pressure test, color blindness determination, and ophthalmoscopy.
Blood Routine	WBC、RBC、HB、HCT、MCV、MCH、MCHC、Platelet、DC	Check-up of blood cell counts and clotting function, screening of blood infection and morphology.
Urine Routine	Out Look、SpGr、PH、Protein、Glucose、Bilirubin、Ketone、Occult Blood、R.B.C、W.B.C、Pus Cells、Epithelial Cells	Screening of kidney function, urinary tract infection, diabetes etc.
Stool Routine Test	Occult Blood Microscopic Examination	To assess whether there is any bleeding, parasite infection, and so on in the digestive tract.
Biochemistry Examination	Plasma Glucose Tests: AC Sugar、HbA1C、Insulin	For detection of diabetes.
	Liver Function Tests: Total Protein、Albumin、Globulin、A/G ALK/P、Bilirubin-T、Bilirubin-D、GOT/ GPT、r-GT、HBsAG、Anti-HBs、Anti-HCv	Check-up of liver function, and detection of B & C hepatitis.
	Renal Function Tests: BUN、Creatinine、eGFR、Uric Acid	Check-up of kidney function, detection of uremia, check-up of gout.
	Blood Lipid Exam: sdLDL、LDL、HDL、T-CHOL、TG、T-chol/HDL	Check-up of fat metabolism, detection of risk factor of heart disease.
	Thyroid Function Exam: Free T4、TSH	Check-up of thyroid function.
	Tumor Markers: AFP、EBC-IGA、CEA、CA199	Disease reference index, include: Liver, Nasopharngaeal Carcinoma, Colon Cancer, Pancreas, Cholangiocarcinoma.

【Evergreen Male Health Screening Package】 NT\$70,500 / 1-day

* The rates are subject to change without further notice.(20240201 version)

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Prostate Health Index (PHI) Analysis	PSA	For patients with abnormal prostate cancer index, the risk of cancer can be assessed by PHI before receiving biopsy.
	Free Prostate Specific Antigen (Free PSA)	
	Prostate-specific finger pro-precursor (p2PSA)	
Special Test	Calcium	Calcium plays a crucial role in the human body's bone growth, tooth function, muscle contraction, blood coagulation, and cardiovascular health. Therefore, understanding the blood calcium concentration in the body can we adjust our diet and nutrition in a timely manner to keep our body in optimal condition.
	Vitamin D (25-hydroxy-vitamin D)	Lack of vitamin D leads to osteomalacia and osteoporosis, increasing the risk of bone fracture as a result of falling down. Serum 25-OHD can be used as a screening indicator to clarify diseases such as hyperparathyroidism, thyrotoxicosis, malignant tumor, and lymphoma-induced hypercalcemia.
Ultrasound Examination	Thyroid Function Ultrasound	Screening of thyroid function (such as tumor, cyst, nodule).
	Abdominal Ultrasound	Check-up of liver, gallbladder, kidney, pancreas and spleen, screening of risk factor of tumor, cyst, calcification and calculus.
	Liver Fibrosis & Fatty Quantitative Analysis	One stop analysis combined with new ultrasound. It is fast, accurate, no liver slices, non-invasive and radiation-free. This assessment can digitally and quantitatively display the degree of liver fibrosis and fatty, which can be used as an objective basis for tracking and treatment effectiveness.
	Prostate Ultrasound	This test assesses whether the subject's prostate is healthy, and reduces their discomfort. Screening for prostate lesions such as tumor, inflammation, enlarge.
Cardiovascular System	Electrocardiogram (EKG)	Screening of abnormal heart rhythms, cardiac conduction system, sizes of heart ventricles, myocardial anoxia, and so on.
Specialist Consultations	Otorhinolaryngology (Ear/Nose/Throat) Consultation	Screening for abnormalities in the ear, nose, oral cavity, tonsil, laryngopharynx, vocal cord, and neck, and lesions such as inflammation and cancers.
	Nasopharyngoscopy	Screening for small lesions of the nasal cavity, nasopharynx, throat, and vocal cord to detect the early-stage carcinoma of the nasopharynx and laryngeal cancer.

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Specialist Consultations	Urology: Consultation and physical examination of the external genitalia - prostate	Assesses men's urinary functions, external genitalia and whether prostates enlarged, prostate cancer, hernia, and varicoceles.
Cardiovascular Disease Risk Assessment	The Framingham Risk Score	The probability of the subject suffering from cardiovascular diseases within ten years will be predicted with the internationally accepted Framingham risk score.
Functional Medicine Assessment	Male Hormone Assessment	Male hormone secretion and balance is closely related to male vitality, fertility, cardiovascular health, cognition and mood, baldness, and prostate health. These analyses can more accurately help to restore hormonal balance and fight aging.
Musculoskeletal System	DXA Bone Density Examination (Whole Body)	DXA dual-energy bone density scanning has been approved by the World Health Organization (WHO). With the extremely low dose of radiation, this test effectively confirms an osteoporosis diagnosis and assesses the risk of suffering from a bone fracture.
	DXA Body Composition Analysis	The DXA body composition is measured with an instrument that performs a full-body scan, followed by calculating the whole-body fat and the skeletal muscle mass. The distribution of muscles and fats in different body parts and organs can be converted into specific data. The instrument can be used to increase the muscle mass and decrease the body fat for the prevention of sarcopenia through the detection of two risk factors - low muscle mass and excess body fat.
Image Medical Screening	MRI Scan -Prostate MRI	Non-radiation, non-invasive high-level imaging examination, with extremely high spatial resolution of the prostate anatomy, can clearly show the size of the lesion and the boundary between the surrounding tissues. By multi-parameter scanning (mp-MRI), prostate MRI providing a variety of imaging diagnosis and become a great tool for the tumor detection, location and staging of prostate cancer. *Including Prostate Health Index (PHI) Analysis
	640-Slice CT High Speed CT Scan -LDCT for Early Lung Cancer Screening	<ul style="list-style-type: none"> ● Low Dosage CT 1/6~1/10 OF Traditional CT Amount for one chest X-ray ● Detects nidus of at least 0.1cm
Diet Counseling	Diet Counseling and Instruction	Customized dietary planning and advice by our dietitian, based on personal health status, lifestyle and examination results.

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Physical Fitness Test & Counseling	Physical Fitness Testing and Counseling	<ul style="list-style-type: none"> ● InBody720 Body Composition Analyzer to check the BMI, muscle mass, body water content, etc. ● Physical fitness testing and counseling, individual sports prescriptions & suggestions by our fitness coach.
Summary	Interpreting Health Screening Results	Based on the preliminary screening results, a senior doctor will offer the subject a one-to-one consultation and interpret the results. They will also give advice on health promotion, referral, and follow-up diagnosis and treatment. A second consultation and interpretation of the results will be arranged after the health screening report is completed.
		A fine and detailed health screening report and health education pamphlets will be provided.
Eonway APP Service		Eonway APP provides health screening schedule reminder & notification, check-up reports online service, medical image cloud online reading and sharing, personal disease risk assessment and analysis, service appointments, Eonway e-magazine and news, which are convenient and practical, and are your most intimate health e secretary.
Health Management		We have a professional health management team to check on your health. Routine telephone survey the subject after the health screening, providing the follow-up treatment and tracking abnormal values in the health screening reports. Medical referral services, medical care services, and drug descriptions will be provided when necessary to treat the subject and track circumstances in time.
Clothing for Health Screening		A brand-new suit of clothes for the health screening will be given as a present. The materials are carefully chosen high-quality cotton fabrics, making you feel like home through the whole testing and making it easy for you during the check-up.
Healthy Meal		Fresh, healthy and delicious meals provide by our chef and dietitian carefully prepare and seasonal ingredients select.
Rest Area		A quiet and elegant rest space, equipped with a reading and Internet rest area and a snack BAR area. It provides exquisite snacks, coffee and tea, allowing you to fully enjoy a pleasant leisure-style health check-up.
Free Parking		Free parking on the day of check-up.

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