

ADDITIONAL HEALTH SCREENING TESTS: OPTIONAL ITEMS

Categories	Contents	Descriptions	
	Complete Painless Gastrointestinal Examination (Anesthesia) *Gastroscopy + H. Pylori + Colonoscopy * Disposable biopsy forceps are used.	 Check-up presence of ulcer, inflammation, and cancer of esophagus, stomach and duodenum Performance of urease test during endoscopic exam by taking small pieces of gastric specimen Check-up presence of colon cancer, polyps, inflammation, etc. 	15,000
	Painless Gastroscopy (Anesthesia)	Check-up presence of ulcer, inflammation, and cancer of esophagus, stomach and duodenum.	7,700
Digestive System	Painless Colonoscopy (Anesthesia)	Check-up presence of colon cancer, polyps, inflammation, etc.	9,000
	Helicobacteria Pylori Biopsy (CLO test) *Disposable biopsy forceps are used.	Performance of urease test during endoscopic exam by taking small pieces of gastric specimen.	1,400
	C-13 Breath Test	 Endoscopic ulcers was found, need to perform H. pylori test. This Screening was confirmed the efficacy of treatment after sterilization and timeliness is after first month of finishing helicobacteria pylory treatment. 	1,300
	The Carotid Arteries Ultrasound	Evaluation of blood flow to the brain, detection of potential clot that might lead to stroke.	1,400
Cardiovascular	Cardiac Ultrasound	Complete understanding of heart chamber size and function, check-up valve disorders, heart tumors, etc.	3,600
System	Exercise Electrocardiography (Exercise EKG)	 To identify abnormal heart rhythms when symptoms such as dizziness, fainting, or palpitations occur during exercise or activity. To screen for CAD in a person without symptoms, especially if the person has risk factors for CAD. 	2,000
Endocrine System	Thyroid Ultrasound	Distinguish between a solid thyroid gland tumor and a simple fluid-filled sac (cyst).	
Screening	Prostate Ultrasound	This test assesses whether the prostate has any abnormalities.	1,400
Tests for Men	Semen Analysis	Sperm count and sperm motility for men.	200



Categories	Contents	Descriptions		
	Gynecological Ultrasound	To screen for uterine fibroids, uterine cancer, endometrial hyperplasia, endometrial cancer, ovarian cysts, ovarian cancer and other pelvic organ lesions.	★ 1,500	
	Human Papilloma Virus (HPV) exam for Assessment of Cervical Cancer	Cervical Cancer has been highly linked to a virus known as human papilloma virus (HPV). An exam for HPV will assess risk for cervical cancer.	★ 2,000	
Screening Tests for	★An additional NT\$6	00 is required if the $\ ^{\lceil}$ Gynecological Consultation $\ _{\rfloor}$ category is not in the Health Screening Package.	included	
Women	Breast Ultrasound	Discriminate breast lesions such as breast pain, breast inflammation, breast cysts and breast adenoma.	2,000	
	Mammography	 Go for a checkup every 1~2 years for women above 40 years of age. Screening of breast calcifications associated with breast cancer by the new type of digital mammography. 	2,000	
	Rubella Immunoglobulin (Rubella IgG)	This test detects whether one has a rubella virus infection.	500	
Blood Screening	Hepatitis A IgG Antibody	Check if with the hepatitis A antibody.		
	Hepatitis A IgM Antibody	This test detects whether one has a hepatitis A infection, is it the original?	360	
	Dehydroepiandroster one-sulfate (DHEA-S)	DHEA-S is "the mother of the sex hormones," whose secretion level reaches the peak between 20 and 30 years of ages and decreases afterward at a speed of 2% every year. DHEA-S is associated with stress tolerance, immune system, chronic diseases, and the risk of cancer.	500	
	Vitamin D (25-hydroxy-vitamin D)	Lack of vitamin D leads to osteomalacia and osteoporosis, increasing the risk of bone fracture as a result of falling down. Serum 25-OHD can be used as a screening indicator to clarify diseases such as hyperparathyroidism, thyrotoxicosis, malignant tumor, and lymphoma-induced hypercalcemia.	800	
	Syphilis - the Venereal Disease Research Laboratory (VDRL) Test	This test detects whether one has a syphilis infection.		
	Acquired Immune Deficiency Syndrome (HIV, Human Immunodeficiency Virus)	This test detects whether one has an HIV infection.	600	
Other Screening Tests	Nasopharyngoscopy	Screening for small lesions of the nasal cavity, nasopharynx, throat, and vocal cord to detect the early-stage carcinoma of the nasopharynx and laryngeal cancer.	★ 1,400	
	★An additional NT\$600 is required if the 「ENT Consultation」 category is not included in the Health Screening Package.			



Categories	Contents	Descriptions	Cost (NT\$)
	Brainstem Auditory Evoked Potential (BAEP) Examination	This examination tests for the functions of hearing, the balance nerve, and the brain stem. The results from which and the results from the electroencephalographic examination are held as references for each other.	1,500
Neurological Examination	Nerve Conduction Test (5 inspections)	To diagnose neuromuscular disease.	4,800
	Heart Rate Variability (HRV)	This test is suitable for people experiencing palpitation, chest discomfort, burnout, dizziness, and gastrointestinal discomfort and so on for unknown reasons. (Please don't drink coffee nor tea on the day of the health screening)	2,000
Musculoskel etal System	DXA Bone Density Examination (Whole Body)	DXA dual-energy bone density scanning has been approved by the World Health Organization (WHO). With the extremely low dose of radiation, this test effectively confirms an osteoporosis diagnosis and assesses the risk of suffering from a bone fracture.	2,000
	DXA Body Composition Analysis	The DXA body composition is measured with an instrument that performs a full-body scan, followed by calculating the whole-body fat and the skeletal muscle mass. The distribution of muscles and fats in different body parts and organs can be converted into specific data. The instrument can be used to increase the muscle mass and decrease the body fat for the prevention of sarcopenia through the detection of two risk factors - low muscle mass and excess body fat.	3,000
Functional Medicine Assessment	Basic Acute/Chronic Allergen Screening Test (110 Allergens)	66 allergens that may induce acute allergic reactions and 44 allergens that may induce chronic allergic reactions are simultaneously screened for. This test provides a comprehensive assessment of the compatibility between the subject's immune system and the environment and foods.	5,200 (<u>Details</u>)
	Complete Acute/Chronic Allergen Screening Test (224 Allergens)	123 allergens that may induce acute allergic reactions and 101 allergens that may induce chronic allergic reactions are simultaneously screened for. This test provides a comprehensive assessment of the compatibility between the subject's immune system and the environment and foods.	12,000 (<u>Details</u>)
	★What are the differences between an acute allergic reaction and a chronic allergic reaction? Symptoms of an acute allergic reaction develop fast and are severe, which may happen straight after exposing to or about 30 minutes after ingesting the allergen. Symptoms of a chronic allergic reaction (alternatively called "food intolerance") may develop 24-48 hours (even 72 hours) after exposing to or ingesting the allergen. Hence, it is hard to accurately trace all the allergens one has exposed to within 3 days. Also, the modern diet has complicated food ingredients, and we can only find the causes of a chronic allergic reaction through tests.		



Categories	Contents	Descriptions	
	Bone Metabolism Assessment (Blood)	Osteoblast nutrients needed to assess vitamin D, calcium, osteocalcin, regulatory factors parathyroid hormone, and bone loss mark CTx, bone loss and generation to understand the balance, in order to assess the real situation of bone growth and osteoporosis.	3,950
	Male Hormone Assessment	Male hormone secretion and balance is closely related to male vitality, fertility, cardiovascular health, cognition and mood, baldness, and prostate health. These analyses can more accurately help to restore hormonal balance and fight aging.	5,600
	Female Hormone Assessment	To differentiate the reason of menstrual irregularity, ovulation problem, infertility, osteoporosis, premenstrual symptom, menopausal problems and other sexual hormone diseases.	5,600
Functional Medicine Assessment	Estrogen Metabolism Assessment (Urine)	Assessment of estrogen metabolism in the liver in two phases is smooth. If the balance of estrogen metabolites will have a protective effect, an imbalance may cause breast cancer, uterine fibroids, prostate cancer, and dangerous. Full balance of estrogen metabolism in the liver to help health challenges facing women hormonal homeostasis response, improve and prevent a disease associated with the occurrence of the hormone.	3,300
	Thyroid Hormone Health Profile	Thyroid hormone is an essential that regulate body's metabolism. If out of balance, will cause systemic symptoms such as fatigue, depression, chills, headache, menstrual disorders, and edema. This test assessment of thyroid function, helps to adjust and balance health status.	3,600
	Bradford Variable Projection Microscope (BVPM)	A single drop of blood from the target's fingertip can directly reveal the extent of free radical damage, hyperlipidemia, platelet stickiness, hematopoietic function, organ degeneration, the pressure of life, the alteration of the intestinal microflora, immune functions, and so on in their bodies. This test can detect risk factors from all kinds of lifestyle.	3,000
	Nutrient & Toxic Element Analysis (Blood)	Excessive toxic elements (heavy metals) or insufficient nutrients may cause physical discomforts and diseases. Via blood scan to detect short-term heavy metal exposure (including lead, cadmium, mercury, arsenic, etc. 15 items) and trace element content (iron, selenium, Copper, zinc and other 12 items).	6,100
	Toxic Element Clearance Profile (Urine)	High concentration of toxic elements (heavy metals) in the body will affect enzymatic activity of antioxidant enzymes and decrease free radical scavenging ability, which in turn affects the nervous, endocrine, cardiovascular system and other functions. This test scan to detect long-term heavy metals (aluminum + arsenic + cadmium + lead + mercury + nickel) exposure and residual content.	4,800
	Apolipoprotein E (ApoE) Gene Testing	This examination analyses the congenital genes for hyperlipoproteinemia typeIII and Alzheimer's disease. Based on the test, guests can find out their own physiques early on to prevent, slow down, and delay the diseases as soon as possible.	2,500



Categories	Contents	Descriptions	Cost (NT\$)
Functional Medicine Assessment	Assessment of Vascular Endothelial Function	This assessment allows us to get an in-depth understanding of various types of indicators about the vascular endothelial function, including homocysteine, folic acid, vitamin B12, arginine (the precursor of nitric oxide), and so on, providing an evaluation on the healthiness of blood vessels.	3,600
	Atherosclerosis Progression Analysis	Atherosclerosis is a predecessor of cardiovascular diseases such as myocardial infarction and stroke. It is mainly caused by increased oxidative pressure, microvascular dysfunction, inflammation and thickening of blood vessel walls, and fibrous plaques. Through oxidative stress indicators, microvascular dysfunction indicators, chronic inflammation indicators, and acute myocardial iniury indicators, assist in the early prevention of cardiovascular disease risk.	6,400
	Oxidative Stress Analysis	Oxidative stress is the result of excessive free radicals and insufficient antioxidants in the body. Work stress, emotional stress, improper diet and environmental pollution often cause the body to be in a state of high oxidative stress. Assessing the body's oxidative stress status and antioxidant storage helps to understand the root cause of disease problems.	4,900
	Antioxidant Vitamins Analysis	Balanced and moderate levels of antioxidant vitamins help to prevent free radical damage and the development of chronic illness.	5,100
	Adrenocortex Stress Analysis	Long-term stress can lead to anxiety, depression, memory loss, impaired healing, muscle and tissue deterioration, poor glucose metabolism, obesity, cardiovascular disease, and immune disorders. This analysis provides a comprehensive view of stress-related hormone secretion and metabolic status.	5,600
	Comprehensive Metabolic Function Profile(Urine)	Evaluate more than 40 organic acids in urine, these organic acids are fatty acids in the body, carbohydrates, energy production in cells and glands, vitamin B complex, neurotransmitters, liver toxins, intestinal malabsorption, the growth of harmful bacteria and other acidic products produced through metabolism. This test help to understand the operation status of the metabolic function in the body.	9,900



Genetic Testing

Categories	Contents	Descriptions	Cost (NT\$)
Genetic Tests	Alcohol Metabolism Genetic Testing (ADH1B/ALDH2)	 A person's ability to metabolize alcohol depends on their genes. Turning red-faced after drinking is not a sign of good blood circulation. It could be genetic defects. As high as 47% of the population in Taiwan have defects in their aldehyde dehydrogenase (ALDH) genes, which are related to alcohol metabolism. Their chances of suffering from cirrhosis, liver cancer, esophagus cancer, or cancer of the mesopharynx due to the long term ethanal accumulation in the body are 50 times higher than people with the normal ALDH genes. This test accurately detects defects in the genes associated with alcohol metabolism. Hence, targets should pay attention to their drinking amount, preventing the possibilities of triggering health risks. This test reveals targets' reactions to nitroglycerin sublingual tablets (commonly called heart-saving pills), helping them to get the proper medications for angina pectoris. 	2,000
	Health Indicator Genetic Testing Package	Tumor suppressors, health indicators for the cardio-cerebral vascular system, depression and Alzheimer's disease, Parkinson's disease, gout, non-alcoholic fatty liver disease, type 2 diabetes mellitus, osteoporosis, glaucoma, macular degeneration, otosclerosis, prostate health indicators (men), health indicators for healthy hair (men), health indicators for breasts (women), and gestational diabetes (women).	56,800
	Cardio-Cerebral Vascular Genetic Testing Package	Acute myocardial infarction, high blood pressure, hyperlipidemia, stroke, arrhythmia, sudden cardiac arrest, coronary artery disease, peripheral artery disease, venous thromboembolism, cerebral aneurysm, and hypertriglyceridemia.	56,800



Categories	Contents		Descriptions		
Genetic Tests	Monogenic Inheritance Disease Genetic Testing	Suitable: ■ Newlyweds ■ Those with a family history of genetic disease (eg muscular dystrophy, hereditary deafness)			
		Basic -14 Tests	Test items include alpha/beta marine anemia, hereditary deafness, Qiu's/spinal muscular atrophy, hemophilia A/B, ketoneuria, Wilson's disease, Pompeii Disease, Fragile X Syndrome (FRAXA).	28,000	
		Advanced -171 Tests	Test items include: ①12 items of blood, hematopoietic organs and invasion of immune system diseases. ②57 items of endocrine, nutrition and metabolism and digestive diseases. ③7 items of nervous system. ④5 items of hearing and vision. ⑤2 items of urogenital system category. ⑥16 items of congenital malformation, deformation category. ⑦0ther 2 items.	29,800	
	Thrombophilia Gene Test	Risk analysis of coagulation genes for venous thromboembolism Suitable: Menopausal women Patients with varicose veins and their families Those who have been working for a long time, such as pilots, counter promoter sales, and engineers.		7,200	



CT640 Ultra-Fast Computed Tomography Scan (CT) Examinations

Contents	Contents/Descriptions	Cost (NT\$)	Contrast Medium
LDCT –Early Lung Cancer Screening	 Low Dosage CT 1/6~1/10 OF Traditional CT Amount for one chest X-ray Detects nidus of at least 0.1cm 	7,000	
Coronary Artery Calcium Scoring (CAC)	Coronary calcium is a marker for plaque (fatty deposits) in a blood vessel or atherosclerosis (hardening of the arteries). A calcium score is computed for each of the coronary arteries based upon the volume and density of the calcium deposits. This can be referred to as your calcified plaque burden.	6,000	
Coronary Computed Tomography Angiography (CTA) (Detect the invisible killers causing sudden death in the early stage)	 Features: Non-invasive, clearly displaying coronary artery branch 3D images, diagnosing vascular stenosis, taking only 20 minutes to complete the examination. The radiation dose is 80% lower than the 64 slice computed tomography (CT). This examination is suitable for: High risk of suffering from coronary artery disease: high blood pressure, hyperglycemia, hyperlipidemia, chronic smokers, people with a family history of heart disease, and young adults over 40 years of age. Follow-up after the stent placement or the bypass surgery (regular monitoring every 3 – 6 months). 	32,000	\oplus
Abdomen CT (Abd CT)	Focus on upper abdomen, to check up liver, gall bladder, spleen pancreas and kidney condition (tumor, cyst, stone, polyp, etc).	13,500	\oplus
Aorta CTA	High-resolution imaging and 3D post-processing technology to evaluate thoracic-abdominal aortic dissection or aneurysm	19,000	\oplus
Lower Limbs CTA	A three-dimensional (3D) CT scan in the lower extremity bilateral arteries (including abdominal aorta and renal arteries)	18,000	\oplus

This scan requires the injection of contrast agent.



The Latest Model of Low Noise Magnetic Resonance Imaging (MRI) Examinations

Categories	Contents / Descriptions	Cost (NT\$)	Contrast Medium
Brain MRI	For patients with unexplained headaches or high risk of stroke (hypertension, diabetes, hyperlipidemia, smoking, obesity), this test assesses brain atrophy, brain parenchymal lesions, brain vascular abnormalities, and early stroke screening.	15,000	
Brain + Carotid Artery MRI	For patients with unexplained headaches, high risk of stroke, hearing loss, tinnitus, dizziness or carotid stenosis, this test can detect brain parenchymal lesions and early stroke without the use of developer technology, and can further examine the carotid artery. Blood vessels, acoustic neuromas, etc.	22,000	
Entire Spine MRI	The problems with sore necks, backaches, herniated intervertebral discs, bone spurs, and sciatica can be examined by doing MRI scans on the cervical vertebrae, thoracic vertebrae, and the lumbar vertebrae. (Any single examination on customers' choices – NT\$10,000)	20,000	
Whole-Body Tumor Screening	 Whole body cancer screening, examinations including: MRI: Head, neck, pelvis (prostate in male, uterus and ovaries in female), whole spines and whole body lymph nodes 640-slice CT: Chest, upper abdomen (liver, gallbladder, pancreas, spleen, kidneys) Ultrasound: Thyroid gland 	55,000	\oplus
Nasopharynx MRI	Neck, nasopharynx and lymph node examination.	15,000	\oplus
Breast MRI	High sensitivity bilateral breasts scanning and Breast ultrasound examinations. Applicable to family history of breast cancer, abnormal mammography or breast augmentation surgery, screening for multiple breast tumors, breast cancer angiogenesis and other lesions.	18,800	\oplus
Upper Abdomen MRI	This test is suitable for people who are hepatitis B or C carriers, have an abnormal liver function, have a family history of liver cancer, or have unhealthy drinking or eating habits. The suspected lesions and tumors in the liver, the biliary system, the pancreas, and the kidney can be detected.	15,000	\oplus
Pelvic MRI	Male: Urinary bladder, prostate gland, and other tumors in pelvic cavity. Female: Urinary bladder, uterus, ovaries, and other tumors in pelvic cavity.	15,000	\oplus
Prostate MRI	Non-radiation, non-invasive high-level imaging examination, with extremely high spatial resolution of the prostate anatomy, can clearly show the size of the lesion and the boundary between the surrounding tissues. By multi-parameter scanning (mp-MRI), prostate MRI providing a variety of imaging diagnosis and become a great tool for the tumor detection, location and staging of prostate cancer. *Including Prostate Health Index (PHI) Analysis	22,500	\oplus

This scan requires the injection of contrast agent.