

【Evergreen Male Health Screening Package】

Examination Items

Categories	Content	Descriptions
General Physiological Assessment	Height, weight, blood pressure, body temperature, pulse, breathing, waist, body fat determination, body mass index (BMI), and peripheral oxygen saturation measurement.	Finding out the subject's vital signs, basic body functions, and ideal body weight range; screening for the cardiovascular diseases and the risk factors for metabolic syndrome; observing the tissue perfusion status and the oxygen-carrying capacity of the blood. The diet and exercise plan will according to the outcomes of these tests.
Physical Examination	Physical exam of auscultation, palpation, percussion, and history taking.	Examination of head and neck (physical appearances); palpation of the thyroid gland; auscultation of heart and lungs; palpation of abdomen; limb activity, and skin status. We will also provide proper medical advice to customers based on their medical histories or symptoms.
	Vision Test (including the digital non-mydratic ophthalmoscopy)	Vision test, intraocular pressure test, color blindness determination, and ophthalmoscopy.
Blood Routine	WBC、RBC、HB、HCT、MCV、MCH、MCHC、Platelet、DC	Check-up of blood cell counts and clotting function, screening of blood infection and morphology.
Urine Routine	Out Look、SpGr、PH、Protein、Glucose、Bilirubin、Ketone、Occult Blood、R.B.C、W.B.C、Pus Cells、Epithelial Cells	Screening of kidney function, urinary tract infection, diabetes etc.
Stool Routine Test	Occult Blood Microscopic Examination	To assess whether there is any bleeding, parasite infection, and so on in the digestive tract.
Biochemistry Examination	Plasma Glucose Tests: AC Sugar、HbA1C、Insulin	For detection of diabetes.
	Liver Function Tests: Total Protein、Albumin、Globulin、A/G ALK/P、Bilirubin-T、Bilirubin-D、GOT/ GPT、r-GT、HBsAG、Anti-HBs、Anti-HCv	Check-up of liver function, and detection of B & C hepatitis.
	Renal Function Tests: BUN、Creatinine、eGFR、Uric Acid	Check-up of kidney function, detection of uremia, check-up of gout.
	Blood Lipid Exam: HDL、LDL、T-CHOL、TG、T-chol/HDL	Check-up of fat metabolism, detection of risk factor of heart disease.
	Thyroid Function Exam: Free T4、TSH	Check-up of thyroid function.
	Tumor Markers: AFP、EBC-IGA、CEA、CA199	Screening of cancer include: Liver, Nasopharyngeal Carcinoma, Colon Cancer, Pancreas, Cholangiocarcinoma.

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* The rates are subject to change without further notice.(20200819 version)



Categories	Content	Descriptions
Prostate Health Index (PHI) Analysis	PSA	For patients with abnormal prostate cancer index, the risk of cancer can be assessed by PHI before receiving biopsy.
	Free Prostate Specific Antigen (Free PSA)	
	Prostate-specific finger pro-precursor (p2PSA)	
X-ray Examination	Cervical Spine Examination (C-spine)	This examination screens for cancers, spurs, and symptoms such as cervical deformation caused by muscle rigidity.
	Abdominal Examination (kidneys, ureters, and bladder, KUB)	This examination screens for lesions such as kidney stones, gallbladder lesions, ileus, soft tissue sarcoma, and bladder calculus.
	Lumbar Spine Examination (L-spine)	
Endoscopic Examination	Gastroscopy (painless examination)	Check-up presence of ulcer, inflammation, and cancer of esophagus, stomach and duodenum.
	Helicobacter Pylori Testing (CLO test : rapid urease test) (CLO, Campylobacter-like organism test) ※Disposable biopsy forceps are used.	Performance of urease test during endoscopic exam by taking small pieces of gastric specimen.
	Colonoscopy (painless examination)	Check-up presence of colon cancer, polyps, inflammation, etc.
Ultrasound Examination	Color Echocardiography	The subject of inspection for heart enlargement (cardiomegaly) and thickening (hypertrophy), the systolic and diastolic functions, valves of regurgitation or prolapse, congenital heart defect, myocarditis, myocardial infarction, myocardial hypoxia, and so on.
	Abdominal Ultrasound	Check-up of liver, gallbladder, kidney, pancreas and spleen, screening of risk factor of tumor, cyst, calcification and calculus.
	Prostate Ultrasound (painless examination)	This test assesses whether the subject's prostate is healthy, and reduces their discomfort. Screening for prostate lesions such as tumor, inflammation, enlarge.
Cardiovascular System	Electrocardiogram (EKG)	Screening of abnormal heart rhythms, cardiac conduction system, sizes of heart ventricles, myocardial anoxia, and so on.
	Exercise Electrocardiography (Exercise EKG)	<ul style="list-style-type: none"> ● To identify abnormal heart rhythms when symptoms such as dizziness, fainting, or palpitations occur during exercise or activity. ● To screen for CAD in a person without symptoms, especially if the person has risk factors for CAD.



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Specialist Consultations	Otorhinolaryngology (Ear/Nose/Throat) Consultation	Screening for abnormalities in the ear, nose, oral cavity, tonsil, laryngopharynx, vocal cord, and neck, and lesions such as inflammation and cancers.
	Nasopharyngoscopy	Screening for small lesions of the nasal cavity, nasopharynx, throat, and vocal cord to detect the early-stage carcinoma of the nasopharynx and laryngeal cancer.
	Urology: Consultation and physical examination of the external genitalia - prostate	Assesses men's urinary functions, external genitalia and whether prostates enlarged, prostate cancer, hernia, and varicoceles.
Image Medical Screening	MRI Scan -Prostate MRI	Non-radiation, non-invasive high-level imaging examination, with extremely high spatial resolution of the prostate anatomy, can clearly show the size of the lesion and the boundary between the surrounding tissues. By multi-parameter scanning (mp-MRI), prostate MRI providing a variety of imaging diagnosis and become a great tool for the tumor detection, location and staging of prostate cancer. *Including Prostate Health Index (PHI) Analysis
	640-Slice CT High Speed CT Scan -LDCT for Early Lung Cancer Screening	<ul style="list-style-type: none"> ● Low Dosage CT 1/6~1/10 OF Traditional CT Amount for one chest X-ray ● Detects nidus of at least 0.1cm
Special Examinations	Hormone: Dehydroepiandrosterone-sulfate (DHEA-S)	DHEA-S is "the mother of the sex hormones," whose secretion level reaches the peak between 20 and 30 years of ages and decreases afterward at a speed of 2% every year. DHEA-S is associated with stress tolerance, immune system, chronic diseases, and the risk of cancer.
	Vitamin: Vitamin D (25-hydroxy-vitamin D)	Lack of vitamin D leads to osteomalacia and osteoporosis, increasing the risk of bone fracture as a result of falling down. Serum 25-OHD can be used as a screening indicator to clarify diseases such as hyperparathyroidism, thyrotoxicosis, malignant tumor, and lymphoma-induced hypercalcemia.
Diet Counseling	Diet Counseling and Instruction	Customized dietary planning and advice by our dietitian, based on personal health status, lifestyle and examination results.
Physical Fitness Test & Counseling	Physical Fitness Testing and Counseling	<ul style="list-style-type: none"> ● InBody720 Body Composition Analyzer to check the BMI, muscle mass, body water content, etc. ● Physical fitness testing and counseling, individual sports prescriptions & suggestions by our fitness coach. ● Physical therapists will perform the motion tests on bones, joints, muscles & body posture assessment and suggestion.

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Summary	Interpreting Health Screening Results	Based on the preliminary screening results, a senior doctor will offer the subject a one-to-one consultation and interpret the results. They will also give advice on health promotion, referral, and follow-up diagnosis and treatment. A second consultation and interpretation of the results will be arranged after the health screening report is completed.
	A fine and detailed health screening report and health education pamphlets will be provided. A CD containing the screening images will also be provided.	
Eonway APP Service	Eonway APP provides health screening schedule reminder & notification, check-up reports online service, medical image cloud online reading and sharing, personal disease risk assessment and analysis, service appointments, Eonway e-magazine and news, which are convenient and practical, and are your most intimate health e secretary.	
Health Management	We have a professional health management team to check on your health. Every 3 months telephone survey the subject after the health screening, providing the follow-up treatment and tracking abnormal values in the health screening reports. Medical referral services, medical care services, and drug descriptions will be provided when necessary to treat the subject and track circumstances in time.	
Clothing for Health Screening	A brand-new suit of clothes for the health screening will be given as a present. The materials are carefully chosen high-quality cotton fabrics, making you feel like home through the whole testing and making it easy for you during the check-up.	
Healthy Meal	Fresh, healthy and delicious meals provide by our chef and dietitian carefully prepare and seasonal ingredients select.	
Deluxe Guestroom	The private and comfortable guestroom is equipped with the highest quality beddings, a separate room for bathroom and toilet, toiletries, and free Wifi. The guests can also enjoy the five-star hotel-worthy facilities such as the swimming pool, spas, and the fitness center.	
Free Parking	Free parking on the day of check-up.	